



**Jimmie Brown LMFT, PPSC**

Jimmie is a Lion Pride Leadership executive partner who has held his private practice for over 15 years. He is currently a clinical supervisor for the Oak Grove School District mental health support team. He is an established motivational and keynote speaker in San Jose, CA and South Bay area.

**Lion Pride Leadership (LPL) Consulting, LLC**

Established in March 2018, LPL's vision is to facilitate effective communication, support emotional awareness, and empower action amongst individuals, groups, and communities to foster healthy leaders.

**Michael Johnson ACSW, PPSC**

Michael is a Lion Pride Leadership executive partner with 18 years of mental health experience. He is currently a therapeutic counselor for San Jose Unified School District. He is an Associated Clinical Social Worker through the University of Southern California master's program supporting various educators and community providers.

For more detailed information on LPL presentation topics or to book them for your event please contact them at:

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**Workshop Topic:**

**C.O.P.E. – Vicarious Trauma**

COPE help participants understand signs of Vicarious Trauma and how to use your awareness of symptoms to be in command of your needs.

COPE is intervention that allows you identify self-care strategies for personal and professional stability, grasping conditions you are facing, and focus on a collaborative and reachable goal with others that have experienced direct trauma.

COPE gives insight to careful boundary allocation with stakeholders, and resources for recovery.

**Objective 1**

Identify at least one cause for social resistance driven by biases or power imbalances.

**Objective 2**

Identify at least one strategy with intent to manage internal reflections or revelations.

**Objective 3**

Identify two individuals that are potential allies for equitable improvement in impactful social settings.

**Objective 4**

- a. Identify one disadvantage to using biases or power imbalances in the setting of impact.
- b. Choose at least one action step towards creating collaborative empowerment.

**Objective 5**

- a. Identify at least one change that will improve a current social experience.

**Testimonials:**

**Edgewood CCF, Aug 2023  
U.N.I.T.E. Workshop**

"Appropriate for our job working with our clients."  
Anonymous, 2023

"The instructor were amazing...I appreciate the trainings!...Great choice of the organization to provide training"  
Anonymous, 2023

"Very interactive & informative/detailed."  
Anonymous, 2023

"Everything was well explained...it was well demonstrated."  
Anonymous, 2023